



Explore the stunning English Lake District



Here at **Live the Lakes** we are proud to offer bespoke, flexible and highly professional guided walks throughout Cumbria. So whether you are an experienced hillwalker wanting more challenges or someone new to the outdoors seeking some guidance to discover the natural beauty of the Lake District then look no further.



Headed by the founder Tom Rumsey, our team of fully qualified, experienced and most importantly friendly Mountain leaders are here to take the stress out of navigating the beautiful Lakeland fells. Between us we have over 50 years of experience exploring this beautiful landscape. All our leaders have a wealth of local knowledge, so not only will you return after your days trek having achieved your walking goal, you will also have learnt the history to the area you have roamed and had lots of fun to boot.

Here at Live The Lakes we want to ensure that you experience areas of this beautiful region that you perhaps would not have the courage to navigate yourself and to take you to some of the fantastic off the beaten track places. We never plan routes above your capability, but we aim to stretch you just a little so you have a satisfying day out.

Our walks can be for as few or as many as you want, but to ensure safety and quality we always ensure that a good ratio of leaders to walkers is maintained. So whether you are walking as a couple or as a party we are here to help.

- **Treks for all abilities**—To ensure that we match the right walk with your ability and desires we ask a few questions before recommending a few routes for you to choose from. Walks are tailored to the make up of your group and family friendly if needed.
- **Villages and pubs**—No trip to Cumbria can be complete without visiting some of the beautiful hamlets and villages through the National Park. For those that wish we can incorporate a scenic pub or two along the way so you can partake of some traditional Cumbrian food, ales and hospitality.
- **Individual to large guided group walks**—We can cater for groups of any size from the solo walker that wants the comfort of a guide to help them explore the lakes, to large groups that want to challenge themselves and the dynamics of a team.
- **Accommodation**—We work with bespoke accommodation providers in The Lake District like the fabulous Nanny Brow (www.nannybrow.co.uk) to ensure that after your walking excursions you can unwind in comfort and tranquillity.
- **Pets**—You are most welcome to bring you dog with you. The onus is on you to ensure that you follow the Countryside Code at all times and ensure that your dog in on a lead when in the vicinity of livestock. For those of you that want to walk the fells with a dog but do not have one or have left it at home we are privileged to be able to borrow the lovely Nanny Brow dogs on occasions to accompany us.



We cannot wait to show you the best sights that the Lake District has to offer...!



For more information and to plan your perfect walk please contact Tom Rumsey on 07968967527 or email info@livethelakes.co.uk

